

amigas
and
friends
network



Founded by the Latina Leadership Podcast.
Rooted in Sisterhood. Driven by Impact.



Who We Are

Founded by the national and award-winning Latina Leadership Podcast, Amigas & Friends Network, Inc. is a 501(c)(3) nonprofit organization based in Houston, Texas. We exist to break down barriers and expand access for underserved communities across four powerful pillars: Entrepreneurship, Education, Pay Equity, and Health & Wellness.

With more than 2,000 women served through our programming and events, and over 150 Latina stories shared across our national podcast, downloaded over 120,000 times, we're building a movement rooted in community and impact.

Our Four Core Pillars

Entrepreneurship



From side-hustlers to seasoned CEOs, we support Latina and BIPOC entrepreneurs through hands-on tools, mentorship, and visibility. Our annual Latina Entrepreneurship Conference connects hundreds of founders through panels, workshops, and conversations designed with and for our community.

Education

We create spaces for learners of all ages. Through the Dream Builders Program and Latinas in Education, we empower students, parents, and educators to overcome barriers and unlock potential.



Health & Wellness



We center wellness through culturally rooted programming dedicated to healing, self-care, and connection. Our sessions explore topics related to mental health and overall well-being.

Pay Equity

Through advocacy events like our annual Latina Equal Pay Day Dinner, we bring visibility to income disparities and provide tools for negotiation, leadership, and advancement.



Our Flagship Events

Latinas in Education



Latina Entrepreneurship Conference



Latina Equal Pay Day



Our Youth Programs



Dream Builders Program

Designed for youth ages 12+, Dream Builders provides leadership training, personal branding, life skills, career exposure, and mentorship. We partner with schools and community organizations to guide the next generation of leaders.

Who We Serve

We serve multigenerational Latinas and women of color across Houston and beyond. Whether you're a student, entrepreneur, or change-maker, **there's a space for you here.**



Let's Connect

Want to collaborate, sponsor, or bring one of our programs to your community?



Join the network.
Be part of the change.

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